

Time for sport physicals!

Attention all spring sports participants!

Freshman and any student who needs a medical release form signed will need to get a sports physical before practices start. Students can conveniently get their sports physicals at the School-Based Health Center (SBHC) right on the Tigard High School campus!

Cost of a sport physical is \$30. For other services, most insurance plans are accepted and there is a sliding scale for those without insurance. **The health center is open Mondays 7:30-12:00, and Tuesday –Thursday 9:00 am-4:00pm.** Please call for an appointment.

503-431-5775



Open for sports physicals:
Call for an appt today!



School-Based Health Center

Tigard High School Campus
9000 SW Durham Rd., Tigard, OR 97224