

# Tigard High Health Center

*Serving all Tigard-Tualatin School District students*

## Care Providers:

**Reyna Meneses**,  
Medical Office  
Assistant who is  
also bilingual.

**Margaret  
Stochosky**, FNP,  
a licensed Nurse  
Practitioner  
employed by  
Virginia Garcia  
Memorial Health  
Center who is  
qualified to  
assess, diagnose,  
provide treatment  
and prescribe  
medication.

**Jeanni Etters**,  
LMFT employed  
by LifeWorks  
Northwest, who  
will provide brief  
counseling for  
anxiety and  
depression,  
behavior support  
for tobacco and  
other substance  
cessation,  
support for family  
issues and  
academic  
concerns, coping  
skills for  
adolescent issues  
and referral to  
specialty Mental  
Health Services  
as appropriate.

*Keeping Kids Healthy, in School and Ready to Learn*

## Our Goals for Care

- Easy access to primary health care for **ALL** students, reducing school absences;
- Preventative health care and health care education;
- Coordination and management of chronic illnesses with student's primary care provider;
- Brief counseling for anxiety and depression; behavioral support for substance abuse cessation; support for academic and family issues;
- Prevention of communicable diseases;
- Family support
- Service for TTSD staff to reduce the need for substitutes and sick leave time.

## Available Services

- Assistance in managing chronic illness such as asthma or diabetes in cooperation with students' primary care provider;
- Communicable disease control;
- Diagnosis and treatment of minor illness, infection and injury (such as skin infections, bronchitis, sinusitis);
- Health screening and referral
- Immunizations;
- Lab tests to monitor health conditions
- Physical examinations; sports physicals;
- Lab tests to monitor health conditions;
- Immunizations; communicable disease prevention and control;
- Mental health assessment and referrals; brief counseling, family support;
- Substance abuse assessment and referral;
- Tobacco prevention and cessation information;
- Wellness and lifestyle education and support.

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**9000 SW Durham Rd. • 7 a.m. - 3:30 p.m • Open ALL School Days**

Urgent problems are seen on a walk-in basis. Appointments are recommended for non-urgent health concerns. **Appointments: 503 431-5775**

**Insurance accepted and sliding scale for those without insurance**

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## ***Funding partners make Tigard High Health Center possible***

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**Financial commitments to support development of the Tigard High School Health Center include:**

\$200,000 from **Providence Partners in Health**, for building renovation;

\$40,000 from **United Way of Columbia-Willamette**, for health center operations;

\$40,000 from **Washington County Department of Health and Human Services, Mental Health and Public Health**, for operations;

\$30,000 from **PacificSource Charitable Foundation**, for planning and operations;

\$30,000 from the **Oregon Department of Human Services**, for operations;

\$20,000 from **Providence Health & Services, Stewardship of Mission Resources**, for planning;

\$5,000 from **Northwest Health Foundation**, for planning;

\$5,000 from the **Washington County Commission on Children and Families** for planning;

Furnishings, medical equipment, supplies and a donation toward lab fees provided by **Legacy Health System**;

Facility, utilities, computers and janitorial services donated by **Tigard-Tualatin School District**.

## **Tigard High Health Center**

### ***State and county data confirm the need for School-Based Health Centers***

- Oregon Health Policy and Research data for 2006 indicates that 11% or nearly 15,000 0-17 age children and youth in Washington County had no health insurance.
- 2006 Oregon Healthy Teens Survey data indicates that 54% of Washington County eighth graders surveyed reported that they had not had a medical exam in the prior year, 30% had not had a dental cleaning or exam, 16% were at high risk for depression and 13% had considered suicide.
- The school nurse to student ratio in county schools is 1:4,444.
- A 2006 survey of all principals in Washington County found that poor student health status was identified as a major concern and a significant barrier to learning. Both principals and community members have identified greater access to health and mental health services as a significant need for children and youth in this county.

### ***School-Based Health Centers increase health access***

- There are currently 45 school-based health centers in Oregon, located in 19 counties; an additional 18 health centers are in the planning stages, including the first centers in five counties without any school-based health centers.
- 51% of students with access to a school-based health center make use of available health services.
- A 2005-06 survey of students who use school-based health services showed that 42% of students using the health centers are uninsured; 68% of surveyed students reported that they would not have received health services without the center, and 53% reported that they did not miss even one class while using the center.

### ***Financial commitments support expansion to other districts***

- \$402,137 – Washington County Community Development Block Grant for building a health center at Forest Grove High School;
- \$339,900 - Kaiser Permanente Community Fund at Northwest Health Foundation, for development and operations of one new school-based health center each in the Forest Grove Beaverton and Hillsboro school districts during the next three years;
- \$30,000 - Oregon Department of Human Services, to plan a health center in Forest Grove;
- \$5,000 - Northwest Health Foundation, for planning in Forest Grove; and
- \$5,000 - Washington County Commission on Children and Families, for planning in Forest Grove